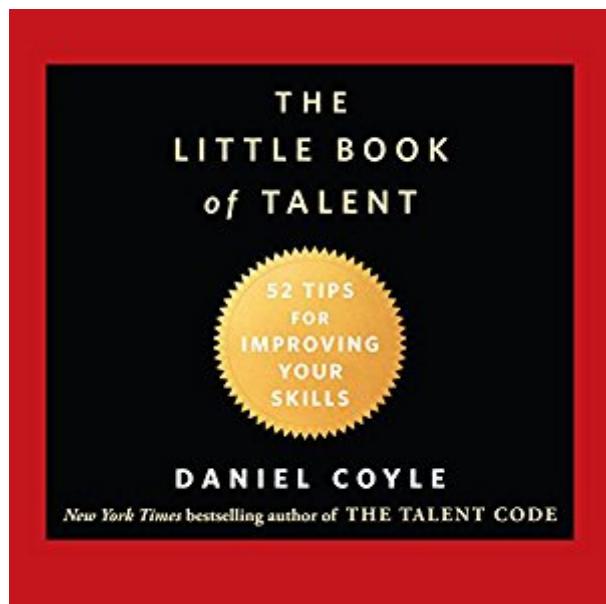


The book was found

# The Little Book Of Talent: 52 Tips For Improving Your Skills



## **Synopsis**

Daniel Coyle spent the last few years traveling around the world and meeting with top coaches, teachers, and neurologists in order to unlock the secret of how greatness happens. Now he has taken his groundbreaking research and boiled it down to the essentials: 52 simple, proven rules for developing and growing talent in sports, art, music, business, or just about anything. Supported by cutting-edge science and the wisdom of some of the world's leading trainers from a variety of fields, The Little Book of Talent explains how to make the most progress in the least amount of time by using techniques that play into the way our brains are wired to learn. It's an indispensable handbook that every coach, teacher, manager, athlete, musician, and student will want to own.

## **Book Information**

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## **Customer Reviews**

It is hard not to admire a little book like this. Distilling masses of information into small applicable/usable bites is no mean feat. Putting it into an easy to carry around format is just icing on the cake. The book is broken into 3 broad topics: Getting started, improving and continuing improvement. Each topic takes about 1/3 of the book although some tips are very short one paragraph type things and others are a few pages long. The source material for the tips originate from notes made while researching his other book The Talent Code. Since that book has a decided tilt towards measurable performance activities (sports/music/etc) this book can't escape those confines and thank goodness it doesn't really try to awkwardly create generalities to fit specific observations. That is, Coyle spares us endless attempts at applying his observations to stuff he

thinks his readers might use the information. I found that refreshing because any effort on his part along those lines would only create artificial boundaries to how you or I might proceed. I haven't read the other book yet but so I am not sure how much of a companion this small book is to the other. From the blurb on the other book it seems like there is a lot of duplication. Of course, this book is distilled down and physically printed in 'fit in your back pocket' size. It was interesting to me that, in broad terms, a whole lot of what Coyle talks about is also the sort of things that Zig, Tracy and Hopkins talk about too. A nice affirmation of their work through Coyle's independent research. There's bad news all throughout the book. It takes hard work to be successful. It takes commitment.

The author of *The Talent Code*, Daniel Coyle, is a man driven to find out how people train for excellence. *The Little Book of Talent* is Coyle's attempt to distill this wisdom into one volume, arming you with the 52 tips that will help you improve your skills. Although I really wanted to like this book, I really felt that it fell short. The book gives a laundry list of great techniques to foster genius, but is too general to be successful. That said, I have not read Coyle's *Talent Code*. It may well be that in conjunction with *The Talent Code* book, *The Little Book of Talent* is more helpful. I doubt it though. [Note (10/16/2012): since writing this review, I have read Coyle's *The Talent Code* and have now posted my review. I do not feel that the information within *The Talent Code* added anything that would change this review, so I have let this review stand as is. After reading *The Talent Code* and researching the evidence for myself, I admit that I had severely underestimated the role of deliberate practice when it comes to developing talent. Even so, there is enough evidence for me to believe that there is still a significant component to talent and expertise that goes beyond deliberate practice. My opinion would be that this is an innate component, but this is only my opinion. See my review of *The Talent Code* for further details.] Part of the problem lies in Coyle's method of discovering his tips to success. He does research, he speaks to educational scientists, and--most importantly--visits actual training grounds for successful musicians and athletes. He makes observations and takes meticulous notes. He then distills it all down and provides us with the tips--the very tools--for success.

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